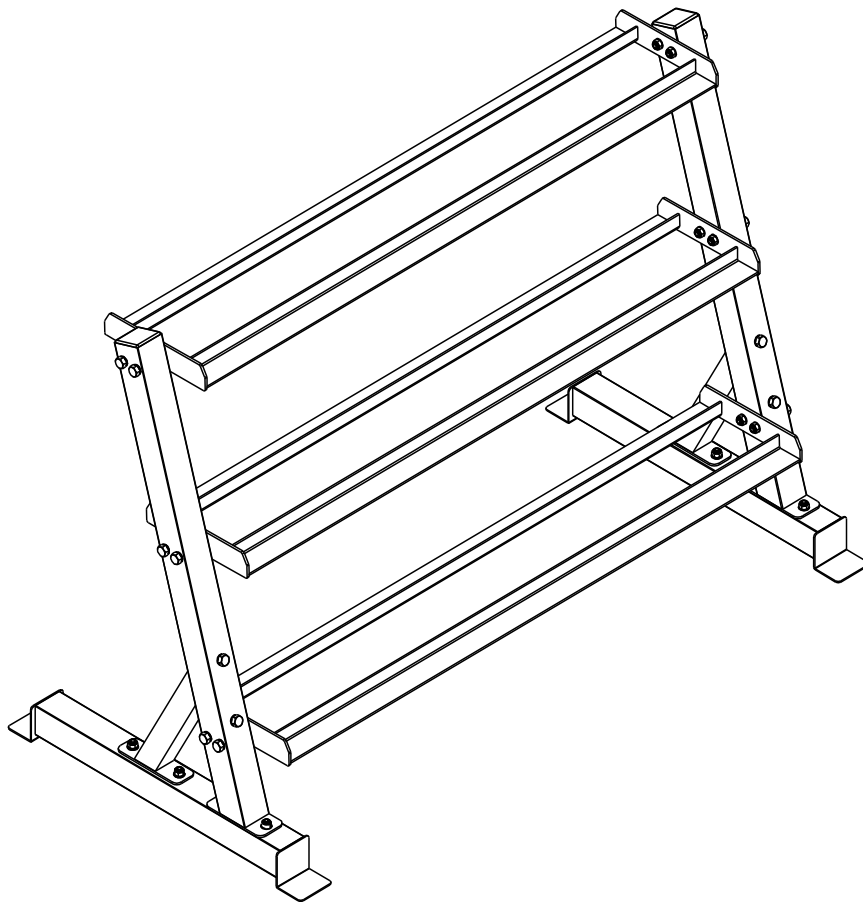


**ETHE615**

# **ETHOS 3-TIER DUMBBELL RACK**

## **OWNER'S MANUAL**



**Tools Require:**  
**Adjustable Wrench**  
**Allen Wrench**

**Dick's Sporting Goods 345 Court Street Coraopolis, PA 15108**

# **ETHOS**

## TABLE OF CONTENTS



SECTION	PAGE
BEFORE YOU BEGIN	1
IMPORTANT SAFETY NOTICE	2
IMPORTANT CARE AND MAINTENANCE	3
IMPORTANT OPERATIONAL INSTRUCTIONS	3
WARNING LABEL PLACEMENT	4
PARTS LIST	5
HARDWARE PACK	6
ASSEMBLY INSTRUCTIONS	7-8
EXPLODED DIAGRAM	9
WARRANTY	10

## BEFORE YOU BEGIN

Thank you for selecting the ETHOS 3-TIER DUMBBELL RACK. For your safety and benefit, read this manual carefully before using the exercise equipment. If you have any questions, or find there are missing or damaged parts, please contact our Customer Service Agents.

**Toll-Free Customer Service Number**

**1-877-846-9997**

**Mon. – Fri. 9 a.m. – 5 p.m. EST**



## IMPORTANT SAFETY NOTICE

For your safety and benefit, read the following instructions carefully prior to assembly or use. Failure to follow all instructions and safety precautions can result in serious injury or death or damage to equipment.

**This machine is designed and intended for home and consumer use only, not for commercial use.**

### **WARNING**

1. **TIP OVER RISK.** Never climb, stand or lean on rack. Always place an even amount of weight on both sides of rack to avoid tip overs.
2. **CONSULT WITH YOUR DOCTOR BEFORE BEGINNING ANY EXERCISE PROGRAM.**
3. If you feel pain, dizziness or any other abnormal symptoms at any time while exercising, STOP immediately and consult your physician.
4. This rack is **NOT FOR USE BY CHILDREN UNDER AGE 14. Keep children and pets away from the rack at all times. DO NOT leave children unattended in the same room with the rack.**
5. Position the rack on an obstruction free, level surface. DO NOT use the rack near water or outdoors. Corrosion caused by installation in these locations can lead to premature failure of components.
6. **WARNING: Pinch Hazard: Exercise extreme caution while returning weights to the storage rack.**
7. DO NOT use attachments not recommended by the manufacturer.
8. Do not place any sharp objects around the rack.
9. Never use if the unit is not functioning properly.
10. Use the rack only for its intended use as described in this manual.



## IMPORTANT! CARE AND MAINTENANCE

1. Inspect and tighten all parts before using the rack. DO NOT over tighten. If parts are worn or damaged, DO NOT use. Contact Customer Service for replacement parts.
2. If the rack is making any abnormal sounds that may indicate structural fatigue e.g., cracking, then stop use immediately and have the rack inspected by a professional.
3. **Failure to examine regularly may affect the safety level of the rack.**
4. The rack can be cleaned using a damp cloth and mild non-abrasive detergent. DO NOT use solvents or bleach. These can cause corrosion and lead to premature failure of the rack.
5. **DO NOT OVERLOAD or exceed the Maximum Weight load on each tray: 350lbs**
6. Assembled Dimension: 45.8" L x 23.6" W x 30.8" H



## IMPORTANT! OPERATIONAL INSTRUCTIONS

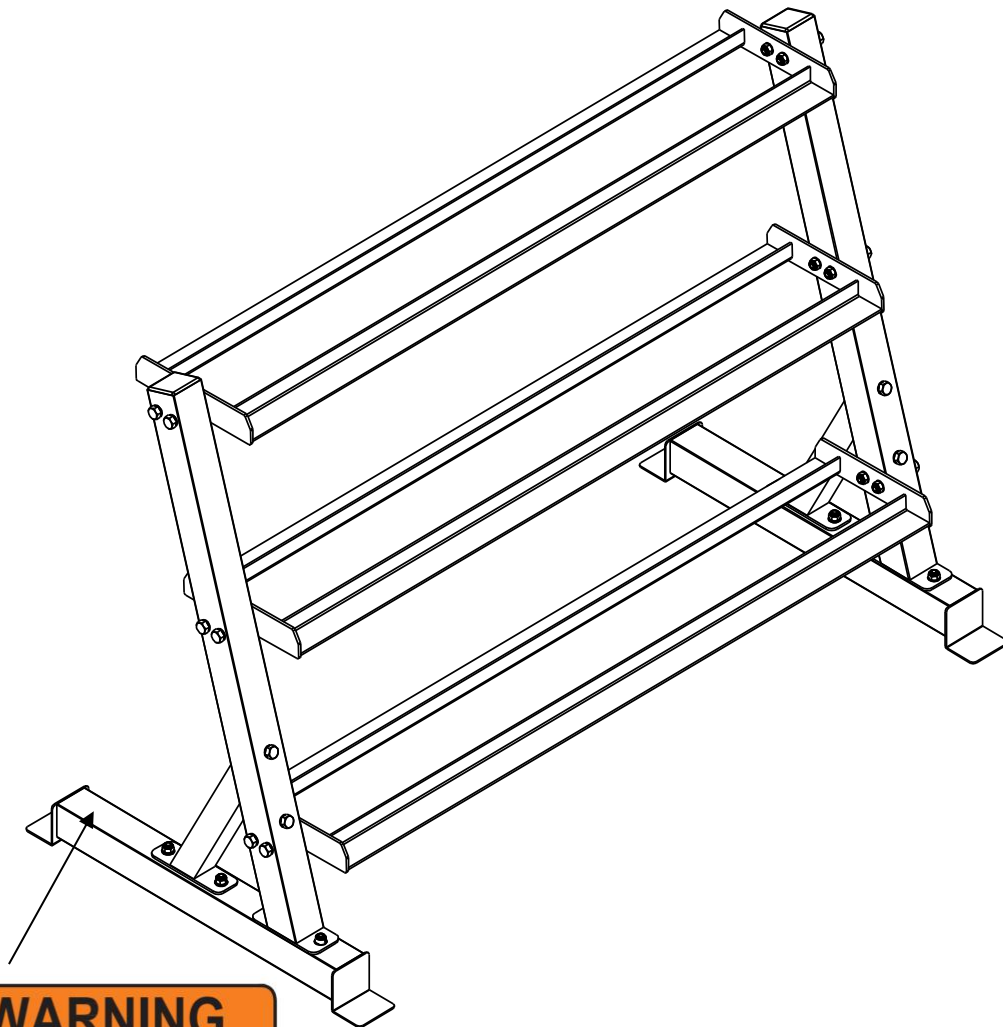
1. This product is designed to be used for weight training, exercise, and physical fitness activities.
2. This equipment meets the safety and performance requirements of the ASTM F2276 standard for exercise equipment

### **WARNING**

**Consult with your doctor before beginning any exercise program. Read all instructions before using any fitness equipment. Not for use by children under age 14. Inspect for damage before each use.**

**Save these instructions.**

## WARNING LABEL PLACEMENT



### **⚠ WARNING**

#### **DO NOT MISUSE THIS EQUIPMENT**

Maximum Weight load on each tray: 350lbs

**TIP OVER RISK.** Never climb, sit, stand or lean on equipment. The possibility of serious injuries or death or both may occur if caution is not used. Before beginning any exercise program, consult your physician. Read user's manual. All warnings and instructions must be read and followed and proper instructions be obtained prior to use.

Replace this label if damaged, illegible or removed. Keep children and pets away from this equipment.

Cease exercise if you feel faint or dizzy. Keep body, clothing, and fitness accessories clear of all moving parts. Inspect the equipment before use and do not use if the machine appears damaged or inoperable.

**The warning labels shown here have been placed on the Rear Base. If the labels are missing or illegible, please call customer service at 1-877-846-9997 for replacements. Apply the labels in the location shown.**

## ETHOS 3-TIER DUMBBELL RACK PARTS LIST

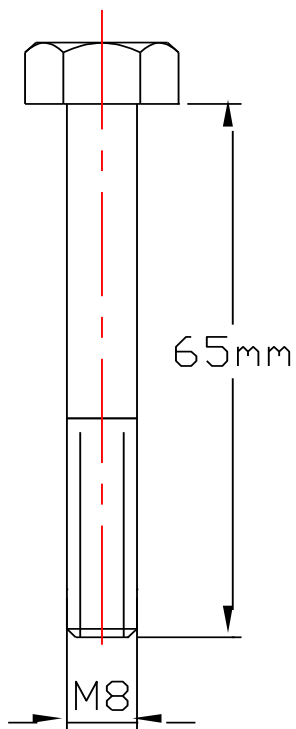
Part #	Description	Qty	Remark
1	Base Frame	2	
2	Upright	2	
3	Diagonal Support	2	
4	Dumbbell Tray	3	
5	Hex Head Bolt M8x65	24	
6	Hex Head Nut M8	24	
7	Washer M8	48	
8	Inner Cap	2	Pre-assembled

## HARDWARE PACK

NOTE: The following parts are not drawn to scale. Please use your own ruler to measure the size.

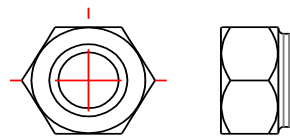
#5 Hex Head Bolt

#5  
Qty:24



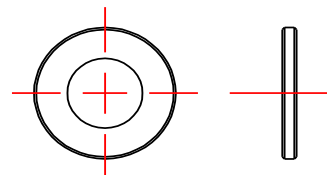
#6 Hex Head Nut

#6  
Qty:24



M8

#7  
Qty:48



8/16 mm

#7 Washer

# ASSEMBLY INSTRUCTIONS

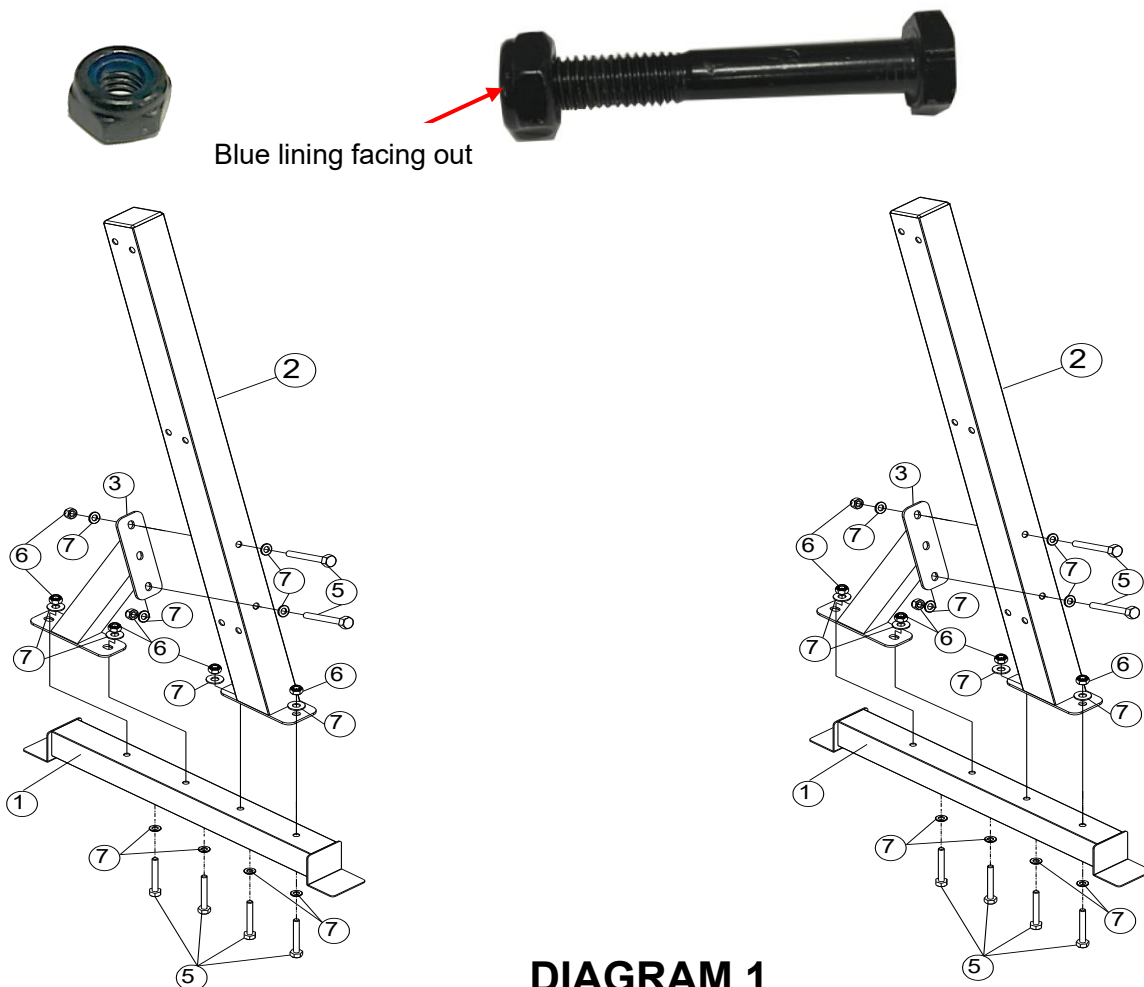
Tools Required for Assembling the Rack: Adjustable Wrench and Allen Wrench.



**CAUTION!** It is required that this rack be assembled and moved by two or more people to avoid possible injury. Always hand tighten Nuts and Bolts first and do not tighten all Nuts and Bolts until instructed to do so.

## STEP 1 (See Diagram 1)

- Attach the left Upright (2) to the left Base Frame (1) using two M8\*65 Hex Head Bolts (5), four Washers (7) and two Hex Head Nuts (6).
- Attach left Diagonal Support (3) to left Base Frame (1) using two M8\*65 Hex Head Bolts (5), four Washers (7) and two Hex Head Nuts (6) Attach left Diagonal Support (3) to the left Upright (2) using two M8\*65 Hex Head Bolts (5), four Washers (7), and two Hex Head Nuts (6).
- Repeat steps a) and b) to the right side.
- DO NOT wrench tighten the Bolts until instructed to do so.**
- Locking nuts should be tightened to bolts with the blue lining facing out. Locking nuts help prevent bolts from backing out and must be installed correctly prior to use.

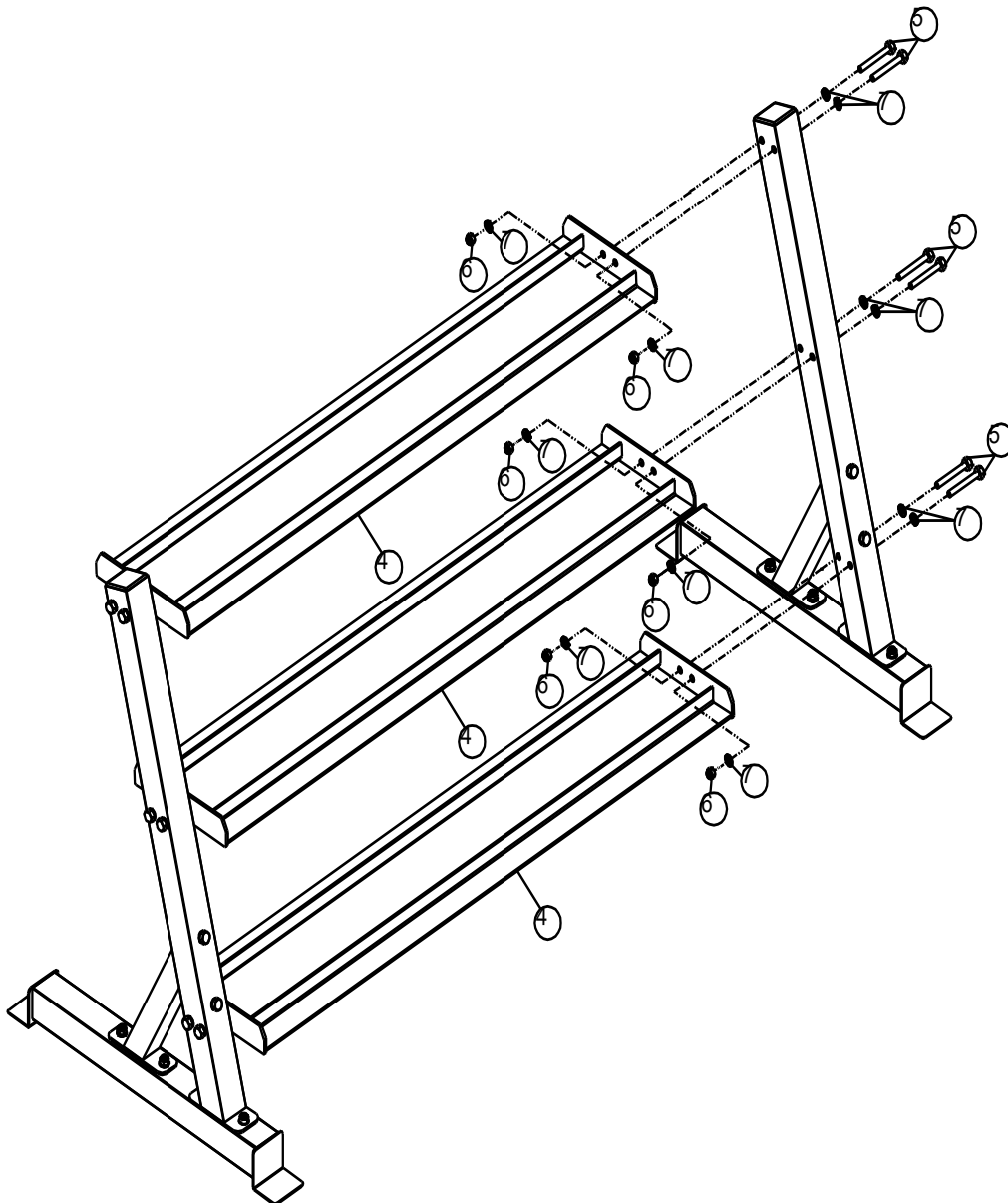


**DIAGRAM 1**



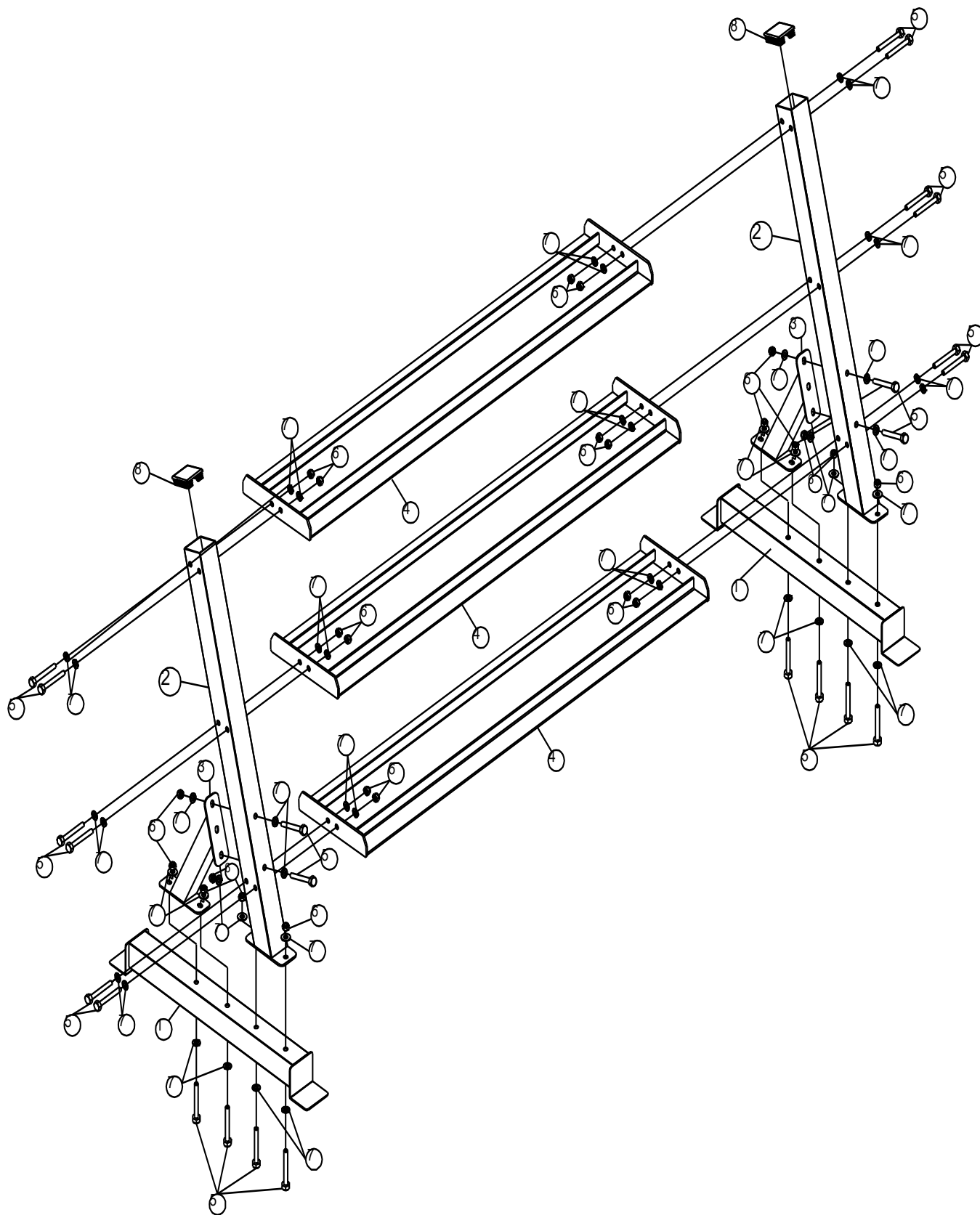
## STEP 2 (See Diagram 2)

- a) Attach bottom layer of Dumbbell Tray (4) to left/right Uprights (2) using four M8\*65 Hex Head Bolts (5) eight Washers (7), and four Hex Head Nuts (6) Do not wrench tighten the Nut and Bolt yet.
- b) Repeat step a) for the rest two layers of Dumbbell Trays (4).
- c) Securely wrench tighten all Nuts and Bolts in Step 1 and 2.



**DIAGRAM 2**

# EXPLODED DIAGRAM



## **DICK'S LIMITED WARRANTY**

DICK'S warrants the products described above to be free from defects in workmanship and materials as follows:

### **Who is Covered?**

**This limited warranty ("Limited Warranty") covers only the person who first purchased the product. This Limited Warranty expires at the time of transfer and is not transferable to anyone else. Proof of purchase is required to make a warranty claim.**

### **What the Warranty Covers**

This Limited Warranty covers defects in materials and workmanship.

### **What the Warranty Does Not Cover**

This Limited Warranty does not cover:

- Expendable items, including by way of example only and not by way of limitation: batteries, light bulbs, fuses, zippers, tires, belts, shoe soles, fabric, and other items that experience wear as a result of normal use.
- Damage through improper use, negligence, abuse, misuse, transportation, acts of nature, or accident, including failure to perform routine maintenance or follow the assembly and/or operating instructions supplied with the product.
- Products used in rental applications.
- Products that have been modified using replacement parts that were not provided by Dick's.
- Defects or damage caused by using third-party parts or services.

This Limited Warranty does not cover any consequential or incidental damages of any kind, including transportation to get warranty service, loss of time, and loss of use. Some states do not allow the exclusion or limitation of incidental or consequential damages, so the above limitation may not apply to you.

### **What the Period of Coverage Is**

This Limited Warranty lasts for a period of one year from receipt of the product (unless a different warranty period is noted in Appendix 1). Any implied warranty arising under state law is limited in duration to the one-year period (or other noted time frame) of this Limited Warranty. Some states do not allow limitations on how long an implied warranty lasts, so the above limitation may not apply to you.

### **How to Make a Warranty Claim**

You can make a warranty claim by bringing the product to any store location of the chain the product was purchased as long as: (1) it meets the warranty criteria, (2) is within the warranty period (one year, unless noted differently in Appendix 1), (3) you have a valid proof of purchase and provide that to the store at the time of making the warranty claim, and (4) you are the original purchaser of the product. If you are unable to find your valid proof of purchase, please contact 1-877-846-9997 and a customer service representative may be able to assist.

Please direct all warranty service inquiries as follows:

If in writing, mail to:

**DICK'S Sporting Goods, Inc.  
345 Court St.  
Coraopolis, PA 15108  
Attn: Customer Service**

If by telephone, call: **1-877-846-9997**

### **What DICK'S Will Do to Correct the Problem**

Once you make a valid warranty claim, DICK'S will either:

- Return or exchange the product; or
- Provide a free replacement part, if applicable; or
- Repair the product for free, if applicable.

### **How State Law Applies**

This Limited Warranty gives you specific legal rights, and you may also have other rights which vary from state to state.