ETHOS LAT BAR OWNER'S MANUAL



BEFORE YOU BEGIN

Thank you for selecting the ETHOS LAT BAR. For your safety and benefit, read this manual carefully before using the exercise equipment. If you have any questions, or find there are missing or damaged parts, please contact our Customer Service Agents.

Toll-Free Customer Service Number 1-877-846-9997 Mon. – Fri. 9 a.m. – 5 p.m. EST

DICK'S Sporting Goods 345 Court Street Coraopolis, PA 15108

RETAIN THESE INSTRUCTIONS FOR FUTURE USE





IMPORTANT! SAFETY NOTICE

For your safety and benefit, read the following instructions carefully prior to assembly or use. Failure to follow all instructions and safety precautions can result in **serious injury** or death or damage to equipment.

WARNING

- 1. CONSULT WITH YOUR PHYSICIAN BEFORE BEGINNING ANY EXERCISE PROGRAM.
- 2. If you feel pain or dizziness at any time while exercising, STOP immediately and consult your physician. Excessive or incorrect use may cause pain or injury.
- 3. This exercise equipment is NOT FOR USE BY CHILDREN UNDER AGE 14.
- 4. This attachment is for use with the ETHOS Pulley System only. DO NOT use this attachment with other equipment.
- 5. This product is intended for training purposes only. NEVER use this product for other purposes.
- 6. Ensure the attachment is completely and securely assembled to the pulley system prior to use.



IMPORTANT! CARE AND MAINTENANCE

- 7. Inspect all parts before using the product for signs of wear or failure. If parts are worn or damaged, DO NOT use. Contact Customer Service for replacement parts.
- 8. If the product is making any abnormal sounds that may indicate structural fatigue e.g. cracking, then stop use immediately.
- 9. To clean: Wipe down with damp cloth. DO NOT use abrasive cleaners.
- 10. Store product indoors when not in use.



IMPORTANT! OPERATIONAL INSTRUCTIONS

This product is designed to be used for weight training, exercise, and physical fitness activities.

This product is for use with the ETHOS Pulley System only. This product is not recommended for use with other fitness equipment.

DICK'S LIMITED WARRANTY

Who is Covered?

This limited warranty ("Limited Warranty") covers only the person who first purchased the product. This Limited Warranty expires at the time of transfer and is not transferable to anyone else. Proof of purchase is required to make a warranty claim.

DICK'S warrants this product to be free from defects in workmanship and materials as follows:

What the Warranty Covers

This Limited Warranty covers defects in materials and workmanship.

What the Warranty Does Not Cover

This Limited Warranty does not cover:

- Expendable items, including by way of example only and not by way of limitation: batteries, light bulbs, fuses, zippers, tires, belts, shoe soles, fabric, and other items that experience wear as a result of normal use.
- Damage through improper use, negligence, abuse, misuse, transportation, acts of nature, or accident, including failure to perform routine maintenance or follow the assembly and/or operating instructions supplied with the product.
- Products used in commercial or rental applications.
- Products that have been modified using replacement parts that were not provided by DICK'S.
- Defects or damage caused by using third-party parts or services.

This Limited Warranty does not cover any consequential or incidental damages of any kind, including transportation to get warranty service, loss of time, and loss of use. Some states do not allow the exclusion or limitation of incidental or consequential damages, so the above limitation may not apply to you.

What the Period of Coverage Is

This Limited Warranty lasts for a period as denoted in Exhibit A. Any implied warranty arising under state law is limited in duration to the time period described in this Limited Warranty. Some states do not allow limitations on how long an implied warranty lasts, so the above limitation may not apply to you.

How to Make a Warranty Claim

You can make a warranty claim by bringing the product to any store location of the chain the product was purchased as long as: (1) it meets the warranty criteria, (2) is within the warranty period, (3) you have a valid proof of purchase and provide that to the store at the time of making the warranty claim, and (4) you are the original purchaser of the product. If you are unable to find your valid proof of purchase, please contact 1-877-846-9997 and a customer service representative may be able to assist.

Please direct all warranty service inquiries as follows:

If in writing, mail to:

DICK'S Sporting Goods, Inc. 345 Court St. Coraopolis, PA 15108 Attn: Customer Service

If by telephone, call: 1-877-846-9997

What DICK'S Will Do to Correct the Problem

Once you make a valid warranty claim, DICK's will either:

- Return or exchange the product; or
- Provide a free replacement part, if applicable; or
- Repair the product for free, if applicable.

How State Law Applies

This Limited Warranty gives you specific legal rights, and you may also have other rights which vary from state to state.

Exhibit A

	ETHOS	
Product Category	Warranty Term	Limitations
Gym Units	Frames / Welds- Limited lifetime.	Warranted for indoor use only
Weight Plates	Limited Lifetime.	Warranted for indoor use only. 10 and 15 pound plates should not be used on bar alone when dropping bumper plates and barbell to the ground. Covers defects in structural integrity only. Coatings not Covered.
Weight Bars	Limited Lifetime.	Warranted for indoor use only
Kettle bells	Limited Lifetime.	NA
Weight Storage	Frames/ Welds- Limited lifetime.	Warranted for indoor use only
Weight Benches	Frame- lifetime Upholstery 3 years.	Warranted for indoor use only
Accessories Sandbag, Pull Up Assist, Rig Accessories, Collars, Foam Rollers and Recovery, Plyo-Box, Battle Ropes	3 Year Limited Warranty.	Warranted for indoor use only
Slam Balls	3 Year Limited Warranty.	Warranted for indoor use only
Wall Ball	3 Year Limited Warranty.	Warranted for indoor use only
Rings / Suspended Straps	3 Year Limited Warranty.	Warranted for indoor use only
Gloves / Grips	90 day Limited Warranty.	NA
Jump Ropes	3 Year Limited Warranty.	NA
Super Bands	3 Year Limited Warranty.	NA
Weighted Vest	3 Year Limited Warranty.	NA
AB Mat	3 Year Limited Warranty.	NA