## **DICK'S LIMITED WARRANTY**

DICK'S warrants the products described above to be free from defects in workmanship and materials as follows:

#### Who is Covered?

This limited warranty ("Limited Warranty") covers only the person who first purchased the product.

This Limited Warranty expires at the time of transfer and is not transferable to anyone else.

Proof of purchase is required to make a warranty claim.

#### **What the Warranty Covers**

This Limited Warranty covers defects in materials and workmanship.

#### What the Warranty Does Not Cover

This Limited Warranty does not cover:

- Expendable items, including by way of example only and not by way of limitation: batteries, light bulbs, fuses, zippers, tires, belts, shoe soles, fabric, and other items that experience wear as a result of normal use.
- Damage through improper use, negligence, abuse, misuse, transportation, acts of nature, or accident, including failure to perform routine maintenance or follow the assembly and/or operating instructions supplied with the product.
- Products used in commercial or rental applications.
- · Products that have been modified using replacement parts that were not provided by Dick's.
- Defects or damage caused by using third-party parts or services.

This Limited Warranty does not cover any consequential or incidental damages of any kind, including transportation to get warranty service, loss of time, and loss of use. Some states do not allow the exclusion or limitation of incidental or consequential damages, so the above limitation may not apply to you.

#### What the Period of Coverage Is

This Limited Warranty lasts for a period of one year from receipt of the product (unless a different warranty period is noted in Appendix 1). Any implied warranty arising under state law is limited in duration to the one-year period (or other noted time frame) of this Limited Warranty. Some states do not allow limitations on how long an implied warranty lasts, so the above limitation may not apply to you.

## **How to Make a Warranty Claim**

You can make a warranty claim by bringing the product to any store location of the chain the product was purchased as long as: (1) it meets the warranty criteria, (2) is within the warranty period (one year, unless noted differently in Appendix 1), (3) you have a valid proof of purchase and provide that to the store at the time of making the warranty claim, and (4) you are the original purchaser of the product. If you are unable to find your valid proof of purchase, please contact 1-877-846-9997 and a customer service representative may be able to assist.

Please direct all warranty service inquiries as follows:

If in writing, mail to:

DICK'S Sporting Goods, Inc. 345 Court St. Coraopolis, PA 15108 Attn: Customer Service

If by telephone, call: 1-877-846-9997

## What DICK'S Will Do to Correct the Problem

Once you make a valid warranty claim, DICK's will either:

- Return or exchange the product; or
- Provide a free replacement part, if applicable; or
- Repair the product for free, if applicable.

## **How State Law Applies**

This Limited Warranty gives you specific legal rights, and you may also have other rights which vary from state to state.

# **ETHA755**

# ACCELERATION & BURST TRAINER



DICK'S Sporting Goods 345 Court Street Coraopolis, PA 15108





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# **BEFORE YOU BEGIN**

This product is intended to be used during acceleration and speed training drills.

This product is for residential use only and is not intended for institutional or commercial use.

Toll-Free Customer Service Number 1-877-846-9997 Mon. – Fri. 9 a.m. – 5 p.m. EST

## RETAIN THESE INSTRUCTIONS FOR FUTURE USE



## **IMPORTANT SAFETY MESSAGE**

Read these instructions before using this product. To avoid injury during assembly, disassembly, use, adjustment and/or movement of the ETHOS Acceleration & burst trainer, the following warnings MUST be observed at all times to avoid serious injury or death:

## **▲** WARNING

- CONSULT WITH YOUR PHYSICIAN BEFORE BEGINNING ANY EXERCISE PROGRAM.
- If you feel pain or dizziness at any time while exercising, STOP immediately and consult your physician. Excessive or incorrect use may cause pain or injury.
- This product is not intended for children under age 14. Adult supervision during use is required.
   NEVER leave the product unattended. Unsupervised children can be injured.

## **▲** WARNING

**Important Instructions For Safe Use:** 

- NEVER place entire hand through the tether handles during use.
- ALWAYS use this product in a clear area to avoid injury.
- ALWAYS secure the belt around the waist.

- DO NOT use attachments not recommended by the manufacturer.
- This product is intended for training purposes only. **NEVER** use this product for other purposes.
- ALWAYS wear appropriate workout clothing and footwear when exercising.
- **DO NOT** leave this product outdoors in inclement weather as moisture and other elements may adversely affect the performance of the unit.

## **IMPORTANT! CARE AND MAINTENANCE**

- Inspect for signs of wear or failure before using the product. If parts are worn or damaged, DO NOT use. Contact Customer Service for replacement parts.
- Examine your Acceleration & burst trainer regularly for wear. DO NOT USE if any defect or damaged parts are found.
- Clean the Acceleration & burst trainer with damp cloth.
- · Keep away from fire and heat sources.

# **PARTS LIST**

Waist belt x 1pc

Tether x 1pc

Carry Bag x 1pc







# **SETTING UP AND USING YOUR ACCERATION & BURST TRAINER**

This product is intended to be used during acceleration and speed training drills.





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- 1. Fasten the waist belt through the metal rings, tighten the belt to a secure fit. (Image 1, 2, 3). The belt must only be worn flat around the waist. NEVER wear on any other body parts.
- 2. Attach handled tether through "D" ring. (Image 4). Training partner should hold handles on tether to provide resistance during training.
- 3. To start an acceleration training drill, the user must stand in a clear area.

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